

We're here to help you find mental health care that fits your needs.

Whether you know what you need or aren't sure where to start, we'll help you find the right fit.



About Headway Behavioral Health

Personalized Matching Support

Get matched with a provider who fits your needs using our questionnaire or a one-toone conversation with our support team.

Immediate Availability

Same-day matching with providers who have openings within 48 hours.

In-Person or Virtual Care

Book an online or virtual appointment with our providers.

Specialist Network

Diverse network of therapists, psychologists, psychiatric nurse practitioners, and psychiatrists committed to providing high quality care.

Easy-to-Use Platform

Book and manage appointments and payment directly on our website.

Affordable and Transparent Pricing

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All Headway providers are in-network with your insurance and you can see your price before you book.

How it Works



Based on your preferences, 1 such as gender, ethnicity, or age, we'll match you with a Headway provider,



Add your insurance details so we can get the exact cost for your session,

Book an appointment through Headway's website and we'll handle the rest. You'll only be billed after your session,

Available in these states:

- Colorado
- Florida
- Georgia
- Illinois
- Michigan
- New Jersey
- New York North Carolina

 - Ohio
 - Texas
 - Virginia
 - Washington

Have questions or ready to get started?

Matching support: hello@headway.co

https://headway.co/

"This would be my first time in therapy and it's so intimidating to find someone that I've given up before. With Headway, I was able to get seen in less than one week!"

-Headway Patient